

FASHION LIFESTYLE ART ENTERTAINMENT

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FREE

Harry
Shum Jr.
from Glee

Shop Til You Drop
in Bangkok

Cirque du Soleil Brings
Alegría to Houston

Special Holiday
Fragrance Selection

Asian Fusion is on
Your TV Screen

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Well, I guess you can see by the cover that we are rather Gleeful about this month's issue. Harry Shum, Jr. is not only gaining exposure on the set of the super-popular series *Glee*, but he also exposed himself (well, his abs) for you, our readers. We all know Harry (maybe without really *knowing* who it was) from those iPod dancing silhouette commercials a while back; you saw him in the *Step* movies; you can see him every Tuesday on Fox in *Glee*; what you don't see is what a genuinely nice guy this entertainer is and we hope that our interview captured that essence.



Photo by Collin Kelly

We all know that Houston is home to a vibrant and creative arts community. So we weren't surprised to discover an organization that helps recent music school graduates market their careers. Early this month, The Impulse Artist Series will host performances of several up and coming musicians in different intimate venues around the city. This month, we focus on Phyllis Chen, a musician from New York who will be performing pieces on toy pianos. She is a classically trained pianist who discovered that toy pianos liberate her creativity and unleash waves of musical energy that were not achievable with concert pianos. She will be playing these during her performance, as well.

The circus is coming, the circus is coming! Or at least the divinely creative "circus" that is Cirque du Soleil, who is bringing *Alegria* to the Toyota Center. *Alegria* means "jubilation" in Spanish, which is generally how I feel when I have the opportunity to catch one of their shows. As for travel, Matt takes us to Bangkok this month. To listen to him, it would seem that Bangkok is Thai for "Shopping Therapy". Bring lots of cash. Resistance is futile.

In this issue we also learn about Winifred Chan, co-founder of Maylán Skincare. Maylán is Chinese for "natural beauty" and that describes the guiding philosophy of the company perfectly. There are no synthetic or chemical ingredients in any of Maylán's products; only the finest quality natural ingredients are used to enhance the beauty of the user by virtue of natural processes.

The shopping centers have already begun their seasonal transition – it is kind of like a game of Monopoly except, in this case, we get a card that tells us "Do not pass Thanksgiving. Go DIRECTLY to Christmas". Christmas will get here soon enough. November is for Thanksgiving. Enjoy your sumptuous meals and, more importantly, enjoy your time with family and friends.

V. Hoang



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Maylán Focuses on
the Essence of Beautiful Skin

Get Your Natural Beauty by V. HOANG

Maylan is Chinese for “natural beauty”. Maylán Skincare was co-founded by Winifred Chan and her husband, Henry. The company’s name best captures the essence of their approach to developing skincare products – one’s natural beauty may be optimally enhanced by promoting natural processes. There is no place for synthetic or chemical ingredients in any of the products offered by Maylán. It is a philosophy that originated at inception when Henry drew upon his decades of professional experience in pharmaceutical research and development to address Winifred’s personal skincare issues. Twenty years later, the success of Maylán leaves no doubt that his formulae for beautiful skin is a beautiful thing for legions of radiant faces.

What motivated you to create Maylán Skincare?

About 18 years ago, I realized that my youth was fading. I noticed that parts of my face were developing pockets and lines and I knew I needed to take care of my skin before it got worse. I bought several expensive products from major skin care companies in department stores that were supposed to help me recapture my youth. However, the pockets and lines became even more noticeable and I developed a rash from using some of the products! I also tried other major name brands that claimed to be suitable for sensitive skin, but I still broke out.

Since I could not use any of the major products on the market, I turned to my husband Henry for help, since he had 20 years of experience in pharmaceutical research and development. I asked him to develop a moisturizing cream that was gentle enough for my super sensitive skin and that would also restore its health and youthfulness. After extensive research and development, he created a cream with just the right balance. I applied it to my skin and it began to improve, immediately! Co-workers and people at my health club complimented me on my skin’s improved tone and texture. Upon hearing about it, they wanted to try the cream, too. I gave them some, the word spread and more people wanted to use it. They encouraged my husband and me to develop the product for sale; we launched it under the name, Winifred Daily Moisture.

What products do you carry?

Triple Acting System Eye Cream is a cutting-edge, triple acting system that instantly works to reduce the appearance of fine lines and wrinkles around the eye.

Face Firming and Moisturizing Daily Cream is quickly absorbed into skin and feels light, not greasy, upon application. It contains essential vitamins, emollients and collagen necessary for skin renewal and repair. Collagen is the major substance that connects skin cells together and it is what makes skin firm and elastic.

Face Firming and Moisturizing Daily Cream SPF 30 provides ultra protection against sun damage while nourishing your face. This emollient-rich cream penetrates and moisturizes the skin without leaving behind a greasy feeling.

Silk and Honey Rejuvenating Overnight Cream is an extra rich yet fast absorbing treatment cream with healing properties. It was designed with a particular philosophy in mind: natural but slower processes will provide long-term healthy results rather than immediate gratification through harsher means.

Natural Herbal Cleanser is soap free and alcohol free. Fruit and herbal extracts gently and thoroughly lift away make-up and impurities without stripping your skin of moisture, never leaving you with a dry tight feeling as many other cleansers do.

Natural Botanical Toner moisturizes and refreshes while calming and toning the skin. This unique formulation rejuvenates the skin, returning it to its natural brilliance and leaving it incredibly smooth and soft.

What is the most popular Maylán Skincare item?

As a result of increased education and media coverage, we’ve seen a lot of interest in our SPF cream since women are now recognizing the damage that the sun can do to their skin. But those who have tried our full line have a particular affinity for our eye cream, toner and cleanser.

What kind of things should people consider when selecting skin care products that are safe and effective?

Each person’s skin is unique and their chemistry and biology will react differently to each product on the market. So, each person should not be afraid of trying different products to find what is best for them.

People should know that there is a direct relationship between price and product safety and efficacy. Many factors go into pricing a product; do not be afraid to use inexpensive products if they work. Skincare products often use ingredients that are harsh or even gimmicky in an attempt to draw sales. Individuals should educate themselves about beneficial and harmful ingredients, especially if they have sensitive skin.

Our products do not include alpha hydroxy alcohols that essentially remove protective outer skin layers to expose the younger ones below. Instead, we rely on antioxidants, vitamins and emollients to nourish and sustain your skin.

Anti-aging products are no longer just for older women.

At what age should women start integrating anti-aging products into their daily skin care regimens?

Our lifestyles expose us to more sun radiation, chemicals in the air and food and all sorts of pollutants as we live in more congested communities. Therefore, anti-aging products are no longer just for older women. Just as good nutrition and exercise increases the health of your muscles, bones and internal organs, good skincare practices – including moisturization, protection and cleansing – is necessary to nourish and care for the largest organ in your body – your skin.

Younger women should think of skin care as a beauty regimen as well as a health and preservation regimen. Therefore, all women should look to products that nourish and preserve their skin and stay away from those that contain ingredients that will provide short term results, but long-term damage. Our products may not show dramatic immediate results but they will keep your skin healthy in the long-term.

What is next for Maylán Skincare?

We have some very exciting developments. A Chicago newscaster, Nancy Loo, tried our products and loved them so much that she has agreed to become our spokesperson and to promote our products. In addition to our website, our customers can now purchase our products in Houston at Beautify Cosmetics in the Ranch 99 Market. We will be expanding its online presence via Facebook and Twitter, and we’re excited about supporting the LeHoang Foundation and its upcoming gala. We hope that these developments will allow us more opportunities to tell our story to a larger audience and to engage in more partnerships with other entrepreneurs who will expand public recognition and availability of our products.



Maylán Skincare founder Winifred Chan

For more information visit maylanskincare.com

